

## Soft-Tissue Management for Hygienists: Aphthous Ulcers, Herpetic Lesions & Beyond

SESSION 4 – July 23, 2026, 6 PM – 8 PM  
Instructor: Rula Yousif, RDH

### Full-Year Plan – Every Other Month (6 Events / Year)

**Goal:** Build a structured, high-value educational pathway that grows your Study Club, boosts hygiene laser adoption, and positions your practice as a regional leader.

#### YEARLY SCHEDULE (Start Anytime)

#### SESSION 4 (Month 7) – HEALING + PBM

“Photobiomodulation (PBM): Evidence-Based Healing and Pain Reduction in Hygiene Practice”

#### Focus:

- PBM science simplified
- Post-SRP healing
- Nerve pain modulation
- Ulcer treatment
- Muscle/TMJ benefits

#### Hands-On:

- Demonstrate PBM for soft tissue healing
- Demonstrate power density & time

### CE Registration Fees

**\$35 – Hygienists | \$49 – Dentists**



## Suhail Mati DMD

DMD, DABOI, FAGD, AFAAID, DICOI  
AAID Credentials: HFAAID, DABOI/ID

Limited Seating

Registration is required

SCAN HERE



### Abstract

This session expands beyond periodontal therapy, demonstrating how hygienists can use diode lasers to treat common soft-tissue conditions. Participants will explore real-world applications in treating aphthous ulcers, herpetic lesions, tissue recontouring needs, and postoperative discomfort management.

**Hands-On Module:** Laser desensitization, soft-tissue lesion treatment demonstrations, comfort-enhancement techniques.

### Speaker Bio - Rula Yousif, RDH



Rula Yousif is a highly skilled registered dental hygienist at Advanced Dentistry Center with advanced training in laser-assisted periodontal therapy. She has extensive clinical experience in non-surgical periodontal treatment, laser integration, and patient-centered preventive care. Rula is passionate about elevating hygiene standards through technology, communication, and evidence-based protocols.

### Optional Add-On Events

Depending on interest, these could be bonus small-group workshops:

- Certification Day (meet CE requirements)
- Laser Safety Officer Training
- Live Patient Demo Day