

Understanding Periodontal Disease in the Laser Era

SESSION 1 – January 22, 2026, 6 PM – 8 PM

Instructor: Rula Yousif, RDH

Full-Year Plan – Every Other Month (6 Events / Year)

Goal: Build a structured, high-value educational pathway that grows your Study Club, boosts hygiene laser adoption, and positions your practice as a regional leader.



YEARLY SCHEDULE (Start Anytime)

SESSION 1 (Month 1) – FOUNDATIONS

“Laser-Assisted Prophylaxis & Bacterial Reduction: What Hygienists Must Know”

Focus:

- Review the fundamentals of diode laser physics.
- LBR protocol
- How lasers reduce pathogens and inflammation
- Implant maintenance basics
- Michigan law refresher & safety

Deliverable: Repeat highlights from last PowerPoint with enhancements.

CE Registration Fees

\$35 – Hygienists | \$49 – Dentists



Suhail Mati DMD

DMD, DABOI, FAGD, AFAAID, DICOI
AAID Credentials: HFAAID, DABOI/ID

Limited Seating

Registration is required

Abstract

This foundational session introduces participants to the modern biological understanding of periodontal disease and how soft-tissue lasers integrate into assessment and early intervention. Attendees will review host factors, biofilm dynamics, inflammatory pathways, and the clinical rationale behind laser-assisted hygiene. Emphasis will be placed on identifying patients who benefit most from adjunctive laser therapy and how laser protocols elevate standard scaling and root planing results.

Hands-On Module: Basic laser settings, safety protocols, and live practice on simulation models.

Speaker Bio - Rula Yousif, RDH



Rula Yousif is a highly skilled registered dental hygienist at Advanced Dentistry Center with advanced training in laser-assisted periodontal therapy. She has extensive clinical experience in non-surgical periodontal treatment, laser integration, and patient-centered preventive care. Rula is passionate about elevating hygiene standards through technology, communication, and evidence-based protocols.

Optional Add-On Events

Depending on interest, these could be bonus small-group workshops:

- Certification Day (meet CE requirements)
- Laser Safety Officer Training
- Live Patient Demo Day