

# Laser Applications in Gingival Inflammation & Bleeding Control

SESSION 2 – March 26, 2026, 6 PM – 8 PM

Instructor: Rula Yousif, RDH

## ✓ Full-Year Plan – Every Other Month (6 Events / Year)

**Goal:** Build a structured, high-value educational pathway that grows your Study Club, boosts hygiene laser adoption, and positions your practice as a regional leader.

## 📅 YEARLY SCHEDULE (Start Anytime)

### ◆ SESSION 2 (Month 3) – PERIODONTAL DISEASE FOCUS

“Laser-Assisted Periodontal Therapy: From Initial Therapy to Maintenance”  
**Focus:**

- Diode laser settings + parameters for perio
- Deeper disease: 4–6 mm pockets
- How lasers help reduce bleeding on probing
- Supported evidence
- Comparison with traditional SRP

#### Hands-On:

- LAPT on pig jaws or typodont with simulated pockets
- Live demonstration chairside

## CE Registration Fees

**\$99 – Hygienists | \$149 – Dentists**



**Suhail Mati DMD**

DMD, DABOI, FAGD, AFAAID, DICOI  
AAID Credentials: HFAAID, DABOI/ID

**Limited Seating**

**Registration is required**

## Abstract

This course focuses on the clinical use of diode lasers for reducing gingival inflammation, managing bleeding, and improving outcomes during routine hygiene visits. Participants will learn when and how to apply laser energy for bacterial reduction, tissue decontamination, and improved healing. Case presentations will highlight real-world results and step-by-step workflow.

**Hands-On Module:** Laser bacterial reduction (LBR) protocol, gingival inflammation laser techniques.

## Speaker Bio - Rula Yousif, RDH



Rula Yousif is a highly skilled registered dental hygienist at Advanced Dentistry Center with advanced training in laser-assisted periodontal therapy. She has extensive clinical experience in non-surgical periodontal treatment, laser integration, and patient-centered preventive care. Rula is passionate about elevating hygiene standards through technology, communication, and evidence-based protocols.

## ★ Optional Add-On Events

Depending on interest, these could be bonus small-group workshops:

- Certification Day (meet CE requirements)
- Laser Safety Officer Training
- Live Patient Demo Day